

Maple Leaf Dental
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You have just had a crown prep. Here is some advice:

- Your gums are going to be sore from the anesthetic injection and from the cord packing around the tooth. If you would like, take some Advil or Tylenol for the discomfort when you get home.



- Warm Salt water is very soothing for the gums. Fill a glass with warm water, put a tablespoon of salt in it. Take a sip of the salty water and hold it around the tooth for about a minute. Then spit it out. You don't need to gargle with it. Repeat 2 more times—for about 3 minutes total. This warm salt water is optional if the gums are feeling sore.
- Don't floss or waterpik this tooth. If you feel you need to floss, don't snap the floss out—Instead pull the floss out to the side.
- Gentle brushing around this tooth. If you have an electric toothbrush, turn it off before brushing this tooth. This may loosen the temp crown.
- Go easy eating on the tooth for a couple of days. Take pain meds as needed for a couple of days.
- Avoid sticky foods. Avoid hard, crunchy foods. It's best to avoid this tooth in general, but it's ok if you forget.
- After 2 days, if you have any pain that wakes you up at night, and/or if you have consistent and constant pain, give us a call. After office hours, call the office and Dr. Wang's cell phone is on the answering machine. You may call her or email her. She checks her email often.
- If the temporary crown comes off, don't panic. Just look at it and try to figure out how it goes back on the tooth, and put it back on. If you are due to see the dentist the next day, just avoid that area and don't worry. If you are several days away from your crown cementation appointment, give our office a call.
- If the temporary crown comes off after hours/weekend or you cannot make it to our office, temporary glue "Dentemp" is available at most drug stores
- When you come in for your crown seat appointment, you will be asked: How has your tooth been? Has it been okay to hot/cold? How has it been to pressure?
- At your crown cementation visit, you may or may not need to be numb. Most people don't need to be numb.

We look forward to seeing you at your next appointment!